



One Whitehall Street, 9th Floor
New York, NY 10004
Tel. 212-741-0100
www.lifespire.org

Helping Individuals Reach Life's Aspirations

Dear Parent/Guardian/Caregiver,

At this point, we are certain you have heard a tremendous amount of information about the novel coronavirus (COVID-19). The virus has had a worldwide impact with the majority of cases coming out of China, Iran, South Korea, Japan and Italy.

Lifespire Inc. has been reviewing the information from the CDC (Centers for Disease and Control), the WHO (World Health Organization), and the NYS and NYC Departments of Health. There is currently no vaccine to prevent against COVID-19. The best way to prevent infection is to take every day preventative actions, like avoiding close contact with people who are sick and washing your hands often, in other words, "universal precautions". Lifespire has been implementing "universal precautions" as the best method to combat the spread of COVID-19. Universal precautions include avoiding touching your eyes, nose, and mouth with unwashed hands; washing your hands for 20 seconds with soap and water; using an alcohol based hand sanitizer that contains at least 60% alcohol if soap and water are not available.

OPWDD's Commissioner, Dr. Ted Kastner, MD has confirmed this procedure as the recommended protocol to follow. In addition, he stressed OPWDD like the rest of the city, state and nation will be taking further steps as identified by our Departments of Health.

Lifespire has increased the frequency and rigor regarding cleaning all surface areas in day programs, homes and vehicles.

We have been telling the people we serve and our staff if you feel sick:

- Stay home,
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash,
- Clean and disinfect frequently touched objects and surfaces

It is also important that we all stay informed of public health messages, and the New York State Department of Health Novel coronavirus hotline is 1-888-364-3065.

If your individual is sick, please contact your primary care provider as well as if any family member is sick. The number for the New York City Department of Health for you or a family member becoming sick is 347-396-7990.

As the situation continues to be developing and as various information is emerging, Lifespire continues to be active in promoting everyone's health and wellness. Thank you for your continued cooperation together we will promote success.

Sincerely,

A handwritten signature in black ink that reads "Leonard Powell MD".

Dr. Leonard Powell, MD
Medical Director / Lifespire

A handwritten signature in blue ink that reads "Thomas Lydon".

Thomas Lydon
CEO / Lifespire