



Labor Day Letter from Tom Lydon, CEO of Lifespire

Dear Lifespire Team,

As we approach Labor Day, I want to take a moment to express my deepest gratitude for the incredible commitment and sacrifice each of you demonstrates daily. Your dedication to enriching the lives of those we serve is nothing short of inspiring.

At Lifespire, our mission has always been clear: to provide limitless life possibilities for adults with intellectual and developmental disabilities. For over 72 years, we have worked tirelessly to fulfill this mission, and today, our impact is felt across more than 3,000 lives every day. This incredible achievement is a testament to your hard work, compassion, and unwavering commitment.

Our organization spans 82 locations throughout the five boroughs of New York City, with additional services and sites in Westchester and Ulster Counties. We support our communities with 118 residences and 12 Day Comprehensive Service Centers, offering essential programs like Service Coordination, Family Support Services, and Individual Support Services. Our reach is vast, but our focus remains deeply personal, and that is due in large part to the dedication of our over 800 staff members.

Each of you plays a vital role in creating a supportive environment that nurtures personal growth, independence, and inclusion for the individuals we serve. Whether you are working in one of our residences, providing services in our Day Centers, or coordinating support across the city, your efforts make a profound difference. You bring hope, dignity, and joy into the lives of those who need it most, and for that, I am profoundly grateful.

As we celebrate Labor Day, please take a moment to know that what you do reaches beyond the walls of the residences and Lifespire sites – it reaches into the hearts and hopes of those people whose possibilities you nurture every day.

Your contributions embody the heart and soul and mission that gave birth to Lifespire over seven decades ago. The word “*together*” best describes not only what we do, but how we are making the world a better place for the individuals and families who rely on us.

Thank you for your passion, your dedication, and your commitment to our mission. I am honored to work alongside such an extraordinary team.

Wishing you all a restful and joyful Labor Day.

Warm regards,

Tom Lydon
CEO, Lifespire